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Halloween Special 5: Shrunken Head



Starring: Dracula



Shrunken Head

- 1 Apple (or other festive fruit)
- Potato Peeler
- Knife
- Food Dehydrator (optional)

With adult supervision (if necessary) take a potato peeler and peel off all of the skin on your apple. Then using a sharp knife, carve out a spooky face. Keep in mind that while carving the end product will shrink and the deeper your cuts, the darker and spookier things will turn out.

Pre-heat your oven to the lowest setting possible, (or if you have a food dehydrator, set it up). Place your carved apple into the oven/dehydrator until all of the moisture has been removed. You should now have a nice edible decoration to share with your guests.

